

## What to bring to the WIC certification visit:

- Bring **EACH family member** who is applying to receive WIC services.
- Bring **proof of ALL income for everyone in the household (before taxes and deductions are taken out)**. Income includes such things as: salaries, child support and alimony, foster care payments, interest withdrawn, unemployment compensation, and military earnings;  
**OR**, if you receive **Medicaid, Temporary Cash Assistance (TCA), or Food Stamps**, you are income-eligible for WIC. (If you do not receive Medicaid or TCA, but other members of your household receive these benefits, you might be income-eligible for WIC.) WIC staff can verify your enrollment in these programs. However, it is helpful to bring the current **"Notice of Case Action"** letter, which is proof of eligibility for one or more of these programs.
- Bring **ONE proof of where you live (no P.O. boxes)**. The document must be current and show your name and address. Items that are allowed include a utility bill, bank/insurance statement, or driver's license. You must be currently living in Florida, but you don't have to be a U.S. citizen.
- Bring **ONE proof of identification for you and ONE proof of identification for any infant or child applying for WIC**, such as a birth certificate, driver's license, crib card, military ID, photo ID, Social Security Card, or hospital record.
- For **EACH woman, infant, and child applying for WIC, you will need:**  
**A recent height and weight measurement** (no older than 60 days), and  
**Hemoglobin or hematocrit blood test results** (not required for infants under 6 months).  
**Ask your doctor or health clinic to fill out a WIC Medical Referral Form.** If you are not able to get this form, the WIC office will let you know how to get the health information needed.
- Bring the **Social Security Number** for each person applying for WIC, if available.
- Bring the **immunization (shot) record** for each child.



Local WIC office:

For more information visit the WIC website at:  
[www.FloridaWIC.org](http://www.FloridaWIC.org)

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# Call WIC today!

Do you have a baby or child under age 5?

Are you pregnant or breastfeeding?

Look inside to see if you meet the  
WIC Income Guidelines!

FLORIDA  
**WIC**

Good Nutrition for  
Women, Infants & Children

**1-800-342-3556**

# WIC is a nutrition program for women who are pregnant or breastfeeding or who have recently been pregnant, infants & children under age 5.



## WIC provides the following at no cost:

- healthy foods
- nutrition education and counseling
- breastfeeding support
- referrals to health care, immunizations, and community services

## To be income-eligible for WIC:

You must have a total household income equal to or less than the amounts shown in the WIC Income Guidelines. →

OR you are income-eligible if you are currently receiving Medicaid, Temporary Cash Assistance (TCA), or Food Stamps. However, you do not have to be on a public assistance program to qualify for WIC.



## WIC Income Guidelines

For a pregnant woman, each unborn baby counts as 1 extra person in the household size.

Household Size	Monthly Income BEFORE TAXES & DEDUCTIONS
1	\$1,575
2	\$2,111
3	\$2,648
4	\$3,184
5	\$3,721
6	\$4,257
7	\$4,794
8	\$5,330

Revised 4/1/07  
Each year, these dollar amounts may increase.



## To apply for WIC:

- Call your local WIC office or call toll free **1-800-342-3556** and say you want to apply for WIC.
- The local WIC office will give you a date and time for a WIC certification visit. At this visit, the household income and the medical/nutrition status of each applicant will be reviewed. On that day, you will find out if you and your children are eligible for WIC.
- To find out what to bring to the WIC certification visit, see the other side of this brochure.

