

# IMPORTANT HEALTH NEWS

## Simple steps to stay healthy.

**Get Your Free Flu Shot**

### TAKE CARE OF YOUR HEALTH THIS FLU SEASON.

Getting a flu shot each year is the best way to prevent the flu, and keep you from getting sick and protect the people around you.

That's why this flu season, **simply put your health first by getting a flu shot.**



**You can even get your flu shot today!**

Healthcare Advocate



#### ABOUT YOUR FREE FLU SHOT:

- **Who can get a flu shot?**  
All **Better Health** Medicaid members can get a flu shot one time per year.
- **How much does it cost?**  
There is **NO COST TO YOU!** Your flu shot is a part of your health plan benefits. It's another way **Better Health** is making staying healthy all about you!
- **Where do I get my flu shot?**  
Simply go to a network pharmacy in your area or call your primary care physician.
- **What about the pneumonia shot?**  
The pneumonia shot or vaccine is different from the flu shot. It is given once or twice in life, depending on the person and the age. Ask your primary care physician if you need one. You will need a prescription to get it.
- **When can I get my flu shot?**  
Get your flu shot today!

**Simply call us. For more information, call Member Services toll free at:**



**1-800-514-4561 / TTY: 711**